

Program Highlights

Changing of the Tide:

Conversations on Mental Health, Wellness and Resilience

NSSBA AGM and Conference: May 25 to 27, 2017

Keating Millennium Centre, St. Francis Xavier University

Thursday, May 25, 2017

Time

Event

4:30 p.m.

Registration

6:30 p.m.

Student Performance

7:00 p.m.

Welcome

7:30 p.m.

Keynote Address: Dr. Stan Kutcher, Renowned expert in adolescent mental health

Feeling a Bit Uncomfortable? Thinking Critically About Mental Health Literacy

9:00 p.m.

SRSB Hospitality!

Friday, May 26, 2017

7:30 a.m.

Registration

8:00 a.m.

Breakfast Buffet

9:00 a.m.

Nova Scotia Health Authority: The Park Bench Players
Sometimes Life Has a Way of Surprising You

10:15 a.m.

Nutrition Break

10:45 a.m.

AGM

11:45 a.m.

Student Performance

12:00 p.m.

Lunch

1:00 p.m.

AGM

2:45 p.m.

Nutrition Break

3:00 p.m.

AGM

6:00 p.m.

President's Reception

7:00 p.m.

Annual Banquet and Awards

9:00 p.m.

SRSB Hospitality!

Saturday, May 27, 2017

8:00 a.m.

Breakfast Buffet

9:00 a.m.

St. John Ambulance

Mental Health First Aid

10:40 a.m.

Closing Remarks

For more information, please contact 902-625-7065 or visit www.nssba.ca.

